



European Commission



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Scientific Opinion on

# Towards a Sustainable Food System

- The **EU food system** provides enough and safe food with wide choice, but **is not sustainable**
- **Challenges** include increasing world population, climate change, diet-related diseases, depletion of natural resources and geo-political shocks
- **'Business as usual' not a viable option** as it will endanger natural resources, our health, the climate and the economy

## What is a sustainable food system?

A food system that ensures environmental, social and economic sustainability



**Goal: to achieve an inclusive, fair and timely transition to a sustainable food system**

## Recommendations



Drive a **step-wise, learning-focused** policy transformation on global, EU, national, regional and local levels



Address **power and information asymmetries** and make the **easiest choice** for citizens sustainable



Use an iterative, responsive and adaptive **policy mix**, with **binding measures** as main drivers

## Impact

The scientific opinion informs the **Farm to Fork Strategy** of the **European Green Deal**

This is a summary of a scientific opinion by the **Group of Chief Scientific Advisors**,

an Independent expert group providing high-quality and timely scientific advice to the European Commission, to inform European Union policies and legislation, and informed by [SAPEA evidence review reports](#).

Read the full report [here](#).

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